

Spinal Wellness Chiropractic
2010 N. Plano Rd suite 101, Richardson, TX 75082

Patient Health Survey

Case History

1. What is your main complaint today?

2. What is your pain level right now from 0 to 10? _____
3. On the scale below, please circle the severity of your main complaint at its worst:
None Slight Mild Moderate Severe
1-----2-----3-----4-----5-----6-----7-----8-----9-----10
4. On the scale below, please circle the percentage of time you experience your main complaint:
Occasional Intermittent Frequent Constant
0-----10-----20-----30-----40-----50-----60-----70-----80-----90-----100
5. When did this condition begin? _____
6. What caused this condition? _____
7. Have you had this condition before? **Y N** If yes, when was the last time? _____
8. How often do you experience recurrences of this condition? _____
9. What makes it feel better? _____
10. What makes it feel worse? _____
11. Please list the dates you were unable to work: _____
12. Have you seen another doctor for this condition? **Y N** If yes, who and when?

13. Have you seen a doctor in the past 2 years? **Y N** If yes, who and when?_

14. Have you had a significant weight change in the past year? **Y N** Gain or Lose? How much?
_____ lbs
15. Have you sustained serious bodily injury as a result of an accident? **Y N** If yes, what were the injuries and approximately when and how were they sustained?

16. Have you had any broken bones? **Y N** If yes, which bones? _____ How did it happen?
 _____ Approximately when did it happen? _____

17. Have you had any surgeries? **Y N** If yes, for what and approximately when?

18. Have you had cancer? **Y N** if yes, what kind? Approximately when were you diagnosed and what is
 your present status? _____
19. Have you ever had any spinal taps or spinal injections? **Y N**
20. Were you ever knocked unconscious? **Y N**
21. Have you ever had a lapse of memory? **Y N**
22. Are you taking any medications? **Y N** if yes, name the conditions being treated and the medications
 being used to treat each condition.

23. Are you currently taking any over-counter- medication/ herbal medicines/supplements?
Y N If yes, please indicate: _____

24. Do you have any allergies that you know of? **Y N** If yes, please indicate: _____

25. Do you suffer from any condition other than that for which you are now consulting us? **Y N** If yes, please
 indicate: _____

System Review

Please indicate if you are experiencing a problem with any of the following body systems.

1. **Eyes, Ears, Nose or Throat** problems? **Y N** If yes, what is the problem?

2. **Musculo- skeletal** (muscle, bone or joint) problems? **Y N** If yes, what is the problem?

3. **Nervous system** (brain, spinal cord or nerve) problems? **Y N** If yes, what is the problem?

4. **Cardio- vascular-respiratory** (heart, blood, blood vessel or lung) problems? **Y N** If yes, what is the
 problem? _____

5. **Gastro-intestinal** (stomach, pancreas, liver, gall bladder, small intestines or colon) problem? **Y N** If
 yes, what is the problem? _____

6. **Genito- urinary-reproductive** (kidney, urinary bladder, uterus, ovaries, prostate, testicle, or external
 genitalia) problems? **Y N** If yes, what is the problem? _____

7. **Endocrine** (hypothalamus, pituitary, pineal, thyroid, thymus, parathyroid, pancreas, adrenal, ovary or testicle) problems? **Y N** If yes, what is the problem? _____
8. **Immune** (tonsils, lymph nodes, thymus, spleen, bone marrow, white blood cells) problems? **Y N** If yes, what is the problem? _____
9. **For female patient:**
 - a. Hysterectomy? **Y N** when? _____
 - b. Are you pregnant? **Y N** Expected delivery date _____
10. **For male patient:**
 - a. Vasectomy? **Y N** when? _____

Social History

1. Exercise? **Y N** If yes, how often and how long? _____ what type? _____
2. Tobacco? **Y N** If yes, how many packs/day? _____ Hx of smoking _____
3. Alcohol? **Y N** If yes, how many drinks/day? _____
4. Coffee? **Y N** If yes, how many cups/day? _____
5. Drugs? **Y N** If yes, what are you using and how much/often? _____

Family History

Please indicate if your family members (such as brothers, sisters, parents, maternal/ paternal grandparents, etc...) have experienced the following conditions.

1. Heart disease? **Y N** If yes, who? _____
2. High blood pressure? **Y N** If yes, who? _____
3. Stroke? **Y N** If yes, who? _____
4. Lung disease? **Y N** If yes, who? _____
5. Neurological disease? **Y N** If yes, who? _____
6. Gastro-intestinal disease? **Y N** If yes, who? _____
7. Genito-urinary disease? **Y N** If yes, who? _____
8. Cancer? **Y N** If yes, who? _____
9. Arthritis disease? **Y N** If yes, who? _____

I hereby authorize the Doctor to treat my condition, as he or she deems appropriate. I understand and agree that the amount paid for x-ray is for their examination only and the x-ray negatives will remain the property of this office, being on file where they may be seen at any time while I am a patient of this office. I also agree that I am responsible for all bills they incurred by me at this office.

Patient's Signature: _____ **Date:** _____

Consent to treat a minor: _____ **Date:** _____

Guardian/Spouse's Signature of Authorizing Care: _____ **Date:** _____